

A Season of Goals

Kevin Leonoff

Pre-Season...

As I started preparing to begin the MAED season, I had the goal in mind to become a more effective and efficient leader among my colleagues, students, and student-athletes. To accomplish this goal, I knew it would take hard work and dedication to learn new ideas and concepts to advance my knowledge. I wanted to prepare myself to help my students and student-athletes become positive members of society after they leave my instruction.

Coaching is closely related to the world of physical education. Although coaching focuses more on the strategy of a contest, many of the ideals and concepts taught in the athletic realm can also be emphasized while teaching physical education. Knowing this, I wanted to be able to connect what I learned from the program to my coaching and teaching strategies. When MAED season is completed, I wanted to be able to convey to my students and student-athletes the positive characteristics youth need to achieve their own definition of success. In order to accomplish these goals, I would need to complete a program that enhances my education and also help me understand how to advance my ability to coach and teach young men and women.

Regular Season...

The regular season or the courses I chose to take would all help me achieve my pre-season goals. I needed to compete against each individual course or in this case, opponent. Each opponent I faced was selected carefully to enhance my knowledge base of sport and physical activity, leadership, and various educational concepts. Through planning and preparing to defeat each opponent, I was able to learn and implement different concepts and teaching techniques into my own instructional strategies both on the athletic field and in the classroom. I was able to learn from each opponent to help me become better prepared for whenever I meet a similar situation in the future.

The MAED season brought me from learning about the history of educational theories through effective educational practices. Along the way I was able to learn about the legal side of sport, various physical aspects associated with sport and training, and also how to be an effective leader while promoting youth sport. Practicing for each of these opponents has allowed me to incorporate many of the lessons into my own instruction. Each opponent has allowed me to reach my goal of becoming a more effective leader among my peers.

Post-Season...

Taking what I have learned and accomplished during the season will allow me to move forward as a professional. I was able to meet my goals during the regular season and now it is time to mobilize them into the post-season part of my career.